



Meeting List
 NJ Inter-Group
 PO Box 352
 Cranford, NJ 07016

<http://www.njessay.org>

NJ Helpline 800-739-2465
NJ/Eastern PA (Couples Family) 732-899-9241
NY (Brooklyn/Manhattan) 212-459-4044
Philadelphia 215-564-3272
Family & Friends meetings in PA & NJ...215-752-9636
International Central Office 615-370-6062; 800-424-8777

F&F = Friends & Family
 CR = Couples in recovery

DAY	START	LOCATION	CONTACT	PHONE	Code for Directions (SEE OVER PAGE)
Sunday	8:00AM	Red Bank	Michael A.		RBX
	1:30PM	Cranford	Tom A.		CRM
	3:00PM	Cranford	Bernadette K.		CRM 2nd Sund of Month; Special Interest
	5:00PM	Metuchen	Robert M.		MTL
	6:00PM	CR Red Bank	Lisa Z.		RBX 4th Sunday
	7:30PM	Beachwood	John H.		BEP
Monday	7:15AM	Cranford	Kevin D		CRM
	12 Noon	Cranford	Leon M.		CRM
	7:00PM	Lincroft	Ron L.		LNL HRS: Summer: 7-8; Winter: 7:30-8-30.
	7:30PM	Little Falls	Joe V.		LFM
	7:30PM	F&F Marlton	Phyllis		MTP
	7:30PM	F&F Red Bank	Lisa Z.		RBM Call First
	8:00PM	F&F Dover	Barbara S.		DVJ
	8:00PM	Dover	Warren R.		DVJ 75 mins. Speaker last Monday of month
	8:00PM	F&F Metuchen	Lynne P.		MTC Women Only: 90 minutes
Tuesday	7:00AM	Teaneck	Stacy P.		TEA Step Writing
	12 Noon	Cranford	Luke H.		CRM
	12 Noon	Morris Plains	Mike H.		MPP 45 Mins
	7:00PM	Wyckoff	Craig M.		WYC
	7:30PM	F&F Hackensack	Renee		HKP
	7:30PM	Jersey City	Ray M.		JCC
	7:30:PM	W. Long Branc	Michael G.		WLB
	8:00PM	Beachwood	Maurice C.		BEP
Wednesday	7:00AM	Kingston	Luke H.		KGM
	7:00AM	Teaneck	Stacy P.		TEA Step Writing
	7:15AM	Cranford	Kevin D.		CRM
	12:30	Red Bank	Michael P.		RBB
	7:30PM	Sparta	Mike A.		SPR Call first. Assemble in parking lot.
	7:00PM	Stratford	David W..		STK
	7:30PM	F&F Kingston	Suzanne		KGP 3rd Wed., Step Study
	7:30PM	Cranford	Charlie S.		CRM Meeting in Rm 34.
	7:30PM	Metuchen	Anthony B.		MTL 75 Mins
8:15PM	Hamilton	Jan H.		HSM Solution, Steps, Recovery, Gratitude	
Thursday	10:00AM	F&F Easton, PA	Connie B.		EAL
	12 Noon	Cranford	Brian C.		CRM
	12 Noon	Morris Plains	Mike H.		MPP
	7:00PM	Cherry Hill	Paul S.		CHH
	7:30PM	Vineland	Christine S.		VTB Women only; Call BEFORE meeting.
	8:00PM	Montclair	Charlie A		MCU
Friday	7:00AM	Teaneck	Stacy P.		TEA "Top Plate"
	12 Noon	Cranford	Leon M.		CRM
	12 Noon	Morris Plains	Mike H.		MPP 45 Mins
	7:30PM	Neptune	Mark F.		NPJ
	8:00PM	Cranford	Tony P.		CRM 75 mins.
Saturday	7:00AM	Kingston	Jan H.		KGM
	7:30AM	Little Falls	Bernadette K.		LFM
	8:00AM	Westmont	Ken S.		WSP 75 mins.
	9:30AM	Toms River	John H.		TRP
	12 Noon	OPEN Elizabeth	Mark S.		ELM
	7:30PM	Cranford	Tony P.		CRM
	7:30PM	CR Metuchen	Sherrri / Mike A.		MTC Couples, 3rd Sat. only. Please Call

DIRECTIONS

Code

BEP	Beachwood, 08722: St. Paul's Lutheran, 130 Cable Ave. off Rt. 9 south. GSP Exit 80, bear right for Beachwood & Rt. 9 South. Church is on right, 100 yards past 3rd light.
CHH	Cherry Hill, 08034: Kennedy Memorial Hospital, 2201 Chapel Ave. West. Take NJ Turnpike south to exit 4 onto Rt. 73 south. At first traffic light turn right onto Church Rd. At Rt. 41 turn right onto Kings Highway. First light is Chapel Ave.; hospital is on the left.
CRM	Cranford, 07016: United Methodist Church 201 Lincoln Ave. GSP N or S to exit 137. Go to end of exit, make right, go to 5th light and make a left onto Walnut St. Go under RR bridge and bear left. Church is 1/4 mile ahead on right, Entrance on Walnut St. Meetings on 2nd floor, first door on left - Room 34.
DVJ	Dover, 07801: St. John's Episcopal Church, 111S. Bergen St. Take Rt. 80 West to exit 35A - Dover. Go on Mt. Hope Ave for 2 miles until just past the 8th light (Blackwell St.). Church is on right, right before the train station.
EAL	Easton, PA: Legacy Ministry - 12th and Spruce St. in Easton, PA. Use side door. Call between 10:00AM and 4:00PM
ELM	Elizabeth, 07201: St. Mary's of the Assumption GSP ext 137-left at stop- at 12th light - Chilton - go right over bridge-through light at Rahway Ave - around a bend left- left on Race St-100 yards- is back of Church. Meeting is downstairs.
HKP	Hackensack: First Presbyterian Church. Corner of Passaic & Union Streets. - Call for directions
HSM	Hamilton, 08690: St. Mark United Methodist Ch., 465 Paxson Ave., Rm405-406. From US 1 take Rt 533/Quakerbridge Rd. 4.3 mi to light. Turn left onto Flock Rdm go 0.9 mi to light. Turn right onto Rt535/Edinburg Rd., go 0.2 mi to light. Turn left onto Paxson Ave., go 0.15 mi to church parking lot on right.
JCC	Jersey City, 07304-1423: Mt. Carmel Guild Catholic Services, 249 Virginia Ave. NJT to exit 15 East. Take Jersey City exit to Kennedy Blvd, turn right, go 6+ blocks to Virginia Ave. Make right, building is at end of block on left.
KGM	Kingston, 08528: United Meth. Ch., 9 Church St., Anderson House annex. From Rt. 1 take Ridge Rd. west 1.3 miles. Turn left at light onto NJ Rt 27. Go 0.1 miles, turn right onto Church St. Go 300 feet, turn tight into church parking lot. Anderson House is at end of path behind church
KGP	Kingston: Presbyterian Ch., 4565 State Rt 27. From US 1 take Ridge Rd. west 1.3 miles. Turn right at light onto Rt. 27. Go 350 feet to Presbyterian Church on left. Meeting is in church library.
LFM	Little Falls, 07424: United Methodist Church, 139 Main St. Take the GSP to Rt. 80 West, go to Exit 55A - Union Blvd, Little Falls. Turn left at fourth light, Main St., Church is on the right. Meet downstairs. Diner afterwards.
LNL	Lincroft, 07738: St. Leo's Church, Hurley's Lane GSP exit 109 to Newman Spring Rd. west, 2nd entrance make right. Meeting is in the rectory basement.
MCU	Montclair, 07042: Unitarian Church, 67 Church St. GSP Exit 148-West on Montgomery St, Rt.at 2nd light-Bloomfield Ave-Left at 14th light-Park Ave- Meet back
MPP	Morris Plains, 07960: St. Paul's Episcopal Church, Hillview Ave. (Southbound side of Rte. 202) Speedwell Ave. go 4 blocks south of Rte. 53/202 intersection & left at Friendly's. From Rt. 10 W - follow signs to Morristown, make jug handle at Exxon just after Whippany Fire Station. Follow signs for Morristown thru East Hanover to next Exxon and turn right. Follow past Mennen to Speedwell Ave (6 lights), and make right, go to Friendly's, left onto Hillview. From Route 24 W - Exit 1A: follow signs for Morris Plains (1st right after exit) Follow past Mennen to Speedwell Ave (6 lights), turn right, then left at Friendly's onto Hillview. Church at end of Hillview on right. Meeting is in basement (Room 1).
MTC	Metuchen: Centenary United Methodist Church, Hillside Ave. GSP to Exit 131, Rt. 27 West. Left onto Grove St. Take 4th Right Dellwood, then left onto Hillside Ave. Parking lot short distance ahead. Use door on right side to access meeting in the library.
MTL	Metuchen, 08840: St. Luke's Episcopal Church, Oak Ave. and Rt. 27. GSP exit 131 to Rt. 27 south (right), 2.2 miles to Oak Ave (after 5 lights) on right. Church at corner. Enter building on right side; go down hall, take first left corridor, meeting is in room on the right.
MTP	Marlton: Prince of Peace Lutheran Church. From 295 Exit 34, Rt. 70 EAST to Marlton. At circle stay on 70 East. Church is one-half mile on right, 3rd driveway.
NPJ	Neptune, 07753: Jersey Shore Medical Center, Route 33 West. GSP exit 100B to Route 33 East. Use Plain Entrance to 2nd floor, meeting in Conference Rm 3.
RBB	Red Bank, 07701: 1st Baptist Church, cnr. of Maple & Oakland. GSP Exit 109. After the toll bear left, and then turn left onto Newman Spring Rd. towards Red Bank. Go to 3rd light, turn left onto Screwsbury Ave. Go to first light, turn right onto James Parker Blvd. Go to the next light and turn left onto Maple Ave. (Rt. 35). After several blocks, Church is on the left. Use parking in back of church. Enter through side door and go down to the lower level.
RBM	Red Bank: First United Methodist Church. (Meets every Monday of the month except for church closings, call first). Broad Street (Hiway 35).
RBX	Red Ban, 07701: Riverview Medical Center, 5th Floor, Blaisdell Pavilion. 1 Riverview Plaza.
SPR	Sparta Shopping Plaza, 07871: From Rt. 80 E or W, exit 34B for Rt. 15 N to Sparta. After 8 mi bear RIGHT onto Rt. 181 N for Lake Mohawk and Sparta business district. After one mile, stay on 181 N thru traffic light at intersection with East Mountain Rd. Then go right into Sparta Plaza entrance. Assemble
STK	Stratford, 08084: St. Luke RC Ch., 55 Warwick Rd. From 295 take Warwick Rd. south accross Rt. 30. Church is on the left. Enter door to the right of school wing and left of rectory. Go down hallway to right.
TEA	Teaneck, 07666: St. Anastasia's Church, 1095 Teaneck Rd From G.W. Bridge: Go west on Rt. 4 to the Teaneck Rd. exit. Head north on Teaneck Rd. towards Bergenfield — at first light, church is on the right. From Parkway North: at exit 161, get on Rt. 4 east. Turn onto Teaneck Rd towards Bergenfield. Church is
TRP	Toms Rive, 08753: Presbyterian Church of Toms River - 1070 Hooper Ave. - Meeting in Room B. Take GSP to exit 82, Route 37 East about 1 mile to Hooper Ave. Jug handle North on Hooper Ave about 1/2 mile. The church is on the south side on Hooper Ave.
VTB	Vineland, 08302: Tri-County Lighthouse Baptist Church
WLB	WestLong Branch07764. West Long Branch Community Center at 116 Locust Ave.
WSP	Westmont08108: Starting Point Inc. 215 Highland Ave. NJTP South to exit 4 to Route 73N. Follow 73N to Route 41S Kings Highway. Follow to Haddon Ave. and make a right onto Haddon Ave. Go 3 lights and make a right onto Center St. Make first right onto Highland Ave. Third building on the left is the meeting place. Entrance is in the back left side.
WYC	Wyckoff, 07481: Bethany Church, 568 Wellington Drive - meeting upstairs in Cornerstone Room.